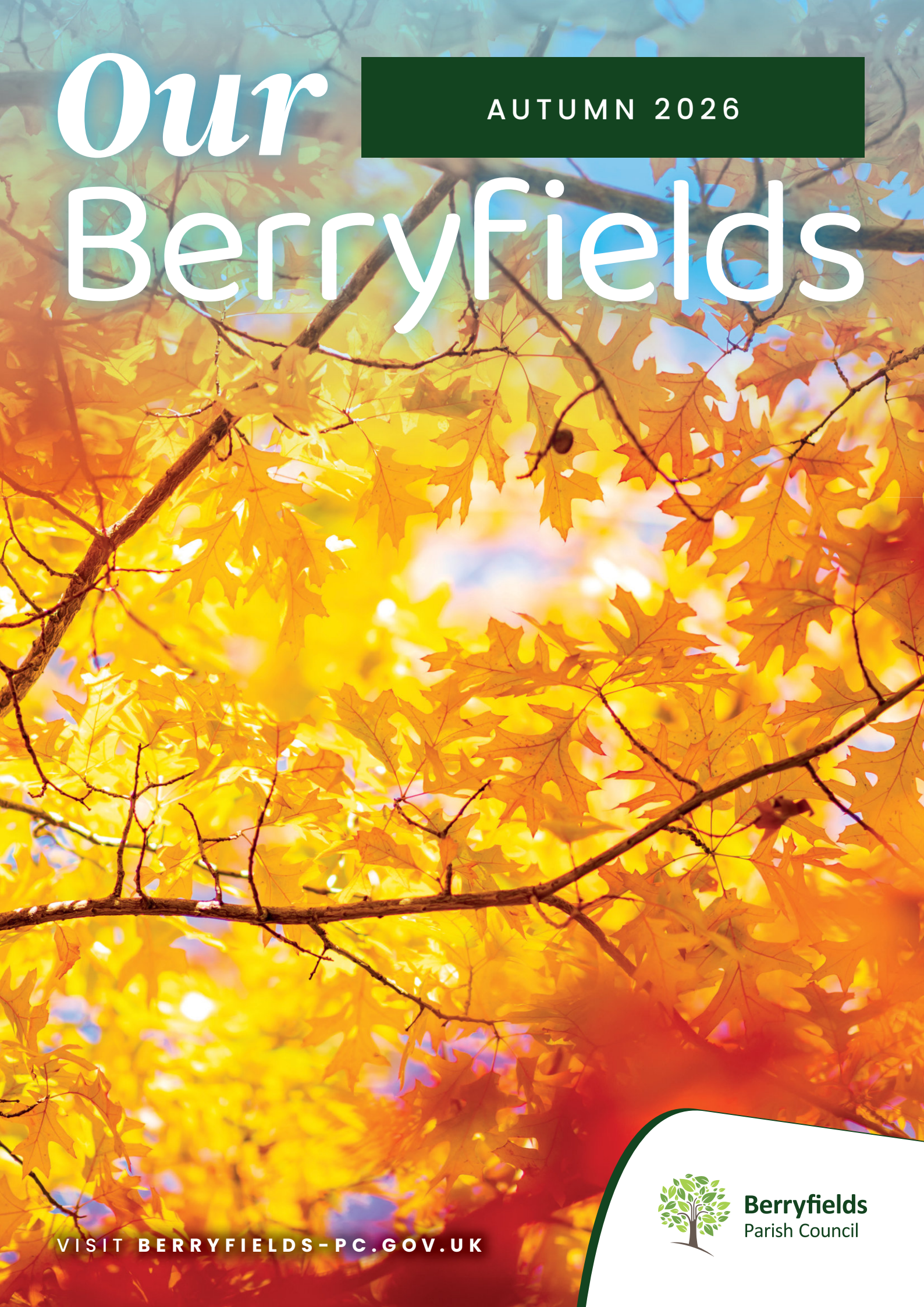
Our Berryfields

AUTUMN 2026



VISIT **BERRYFIELDS-PC.GOV.UK**

Berryfields
Parish Council

Chairman's View



Arun Sekhar
Chairman

Dear Berryfielders,

Welcome to the Autumn edition of Our Berryfields.

I hope you all had a fantastic summer! We certainly had a busy and memorable few months filled with community gatherings, live music, and sunny fun. From the resounding success of our **Fast Cars & Good Food** event in June to our packed **Summer Fun Days** and **Community Friday Nights,** it was wonderful to see so many families out enjoying themselves.

These events are a true team effort, and my grateful thanks go to our office Clerk, office team, and councillors for making them happen. In particular, thank you to Sarah, our deputy Clerk, for her great work on the Summer Fun Days, and huge congratulations to her on officially achieving her CiLCA qualification!

As the leaves begin to turn and we trade sunny evenings for crisp autumn air, here is an update on key projects moving across the parish:

Community Speedwatch: We Need You!
Our office is currently working alongside the Thames Valley Police Community Speedwatch Team to establish a dedicated **Community Speedwatch Group** for Berryfields. The key word here is **community** - for this initiative to make a real impact, we need local residents to step forward and get involved. If you would like to join the group and help us tackle ongoing concerns about speeding and inappropriate parking across the estate, please get in touch with the Parish Council office. Further information on how to get involved will be shared shortly.

Supporting Our Local Youth & The Kiosk
I am thrilled to share that the tenancy agreement for the Kiosk is signed, and **Quercus** officially opened its doors on 7th September. Quercus is an inspiring new alternative provision offering creative, outdoor, and arts-based learning for primary-aged children who need extra support outside a mainstream setting. As a Parish Council, we are incredibly proud to support such a vital initiative that helps young people thrive and connect with their local environment.

Back to School & Book Swaps
With September well underway, I would like to wish the very best of luck to all the children who started school for the first time this term, as well as those moving up to new classes and secondary schools!

Speaking of school, our new **Book Swap Stores** installed at Green Ridge Primary and AVA have now had time to settle in. I hope our young readers are enjoying them. Have your children managed to pick up or swap any great books yet? We'd love to hear how they are enjoying these!

Infrastructure & Roman Park Development
We are making tangible progress on our local facilities. Following planning approval for the **Roman Park car parks,** tenders have officially been received and reviewed. With sufficient funds available, the Council is finalising vendor decisions so we can push forward with construction to provide much-needed parking and easier access for allotment holders and park visitors alike.

Autumn & Winter Events Calendar
The summer may be behind us, but we have plenty lined up to keep the community spirit bright through the cooler months. Following the great turnout for our summer live-band session, we are planning further **Friday evening community events** between now and Christmas including additional live-band evenings.

Keep an eye on our social media and noticeboards for full details on our upcoming seasonal highlights, including:

Halloween (29th October)
Remembrance Day Service at Roman Park (11th November)
Christmas Afternoon Tea (4th December)
Santa's Grotto & Crafts market (13th December)
Santa's Sleigh (to be advised)

As always, our weekly **Roman Park Food Bank** continues every Thursday morning (11:00 am - 12:15 pm). As winter approaches, your donations and support are more appreciated than ever.

Thank you all for making Berryfields such a warm, welcoming place to live. As ever, your feedback is always welcome, and I encourage you to join us at our monthly Parish Council meetings.

Stay safe, stay warm, and remember your coats!

Cllr Arun Sekhar
Chairman
arun.sekhar@berryfields-pc.gov.uk

Your Parish Councillors



Vinay Victor
Vice Chairman
vinay.victor
@berryfields-pc.gov.uk



Kishore Babu Dammala
Councillor
kishore.dammala
@berryfields-pc.gov.uk



Laurilee Green
Councillor
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@berryfields-pc.gov.uk



Lucy Harmes
Councillor
lucy.harmes
@berryfields-pc.gov.uk



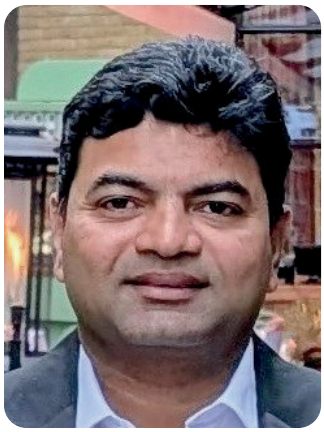
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Karen Ward
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Useful contacts

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Parish Clerk
clerk@berryfields-pc.gov.uk
01296 925750

Sarah Tomlin CiLCA
Deputy Clerk
01296 925750

Lisa Gibson
Hall Bookings
booking@berryfields-pc.gov.uk
01296 925755

DID YOU KNOW?

Lucas World of Furniture generously donated £200 towards our Children's Summer Fun Days, helping us provide even more fun for local families.

PARISH COUNCIL RESPONSIBILITIES

The Parish Council is point of contact and liaison between residents and the Consortium

Own & Manage 5 play parks and Roman Park, remaining parks, open spaces and ditches in process of being adopted and are currently under the management of the developers

Liasing with Developers & other Key Stakeholders

Day to day management of the Parish, all assets, staff and contractors

Regular safety inspections and maintenance of all playgrounds

Grass cutting, maintenance and repair (on adopted land)

Dog Poo and Litter Bins (except for those on Bucks land)

Annual audit and compliance with regulations

Statutory consultee of planning applications

Berryfields
Parish Council

Parish Office main contact:
clerk@berryfields-pc.gov.uk
01296 925750

Roman Park Hall: Hall hire and ongoing park projects

Management of the Parish budget, precept and statutory duties & powers

Youth Club

Professionally qualified staff, Parish Council holds General Power of Compentence

Allotments

Community Events including:
New Year's Party,
Christmas Afternoon Senior Tea,
Santa's Grotto,
Children's summer events

Managing Tenders and due diligence & appointment of contractors

Food Bank

Community grants

Book Swap Store

Parish Council Meetings

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Roads & Pavements (subject to adoption) Schools

Planning Authority
Adult Social Care
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OCR-A YEAR 10 Triple Science 18:15-19:15	AQA YEAR 11 Triple Science 18:15-19:15	AQA YEAR 10 Combined Science 18:15-19:15	AQA YEAR 9 Science 18:15-19:15	———

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We founded Quercus Alternative Provision in 2026 because we are passionate about making a difference in children's lives. As experienced qualified practitioners, we see the need of children who struggle to access mainstream education and over the years we have looked locally for appropriate provision for them, with no luck.

Caroline and Victoria are qualified teachers with proven school leadership skills. Our vision, with over 50 years combined service in Aylesbury and Buckinghamshire schools was to open a small, home like setting where children can thrive. Our team of staff all bring their own skillsets and experiences both within schools, being parents and charity work.

Our experience has shown us the power of the creative arts and play in engaging learners so they can overcome anxiety and grow in self-confidence. In a world filled with technology we understand the importance of 'hands-on' experiences for children, we are a screen free setting! Creative opportunities alongside imaginative outdoor learning have the therapeutic power to transform children's experiences so that they can flourish.

We know from our work with children and families in the Aylesbury area that our provision will have a meaningful and lasting impact on the future life chances of children in this area. We are able to support children from Reception age upwards in small group sessions.

Sometimes traditional school is not the right place for a child. Circumstances may overtake a situation and therefore it becomes a barrier to success.

Many factors mean that vulnerable children and their families can be left marginalised which compounds existing circumstances and results in disengagement with education.

In the current climate a growing number of our youngest school-aged children will require access to an alternative provision where their needs can be met outside of a mainstream classroom.

We are aware that in Aylesbury there are many children who require a bespoke solution to meet educational and emotional needs. As previous school leaders we know that a creative provision can offer relief, remove barriers and lift the ceiling on learning.

We officially opened our doors at Quercus Alternative Provision on Monday 7th September 2026. We are based here in the heart of Berryfields and are extremely grateful to The Clerk, Deputy Clerk and Parish Council for giving us the opportunity to operate from the kiosk up at Roman Park.

We are working closely with our community and local schools to ensure that we can help as many children as possible. The first 2 weeks have been amazing. We have brilliant families and children who we feel blessed to be working alongside.






If you would like more information or think we may be able to help a child you know please do get in touch via our website:

Quercusap.co.uk

We are looking forward to being present at local events and getting to know our community.

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SIGN UP

ROMAN PARK HALL - SIR HENRY LEE CRESCENT HP18 0YT

WAKES & FUNERALS

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A LOOK BACK AT 2026

BERRYFIELDS PARISH COUNCIL COMMUNITY EVENTS









Celebrating a fantastic year of activities, entertainment and community fun.





SUMMER FUN DAYS

Throughout the year we hosted our Summer Fun Days, offering affordable fun and activities for local families. From face painting and giant games to inflatables, the Kids Play Bus, donkey rides and African drumming, there was something for everyone to enjoy.













COMMUNITY FRIDAY NIGHTS

Our Community Friday Nights brought residents together for live music, football screenings and themed evenings including Reggae Night. With entertainment, refreshments and a relaxed atmosphere, they were a great way for the community to come together.





Thank you to everyone who joined us and helped make our events so special.

5AM 5K – MORE THAN A WALK

Every morning at 5AM, a group of local residents steps out to walk 5K together rain or shine, light or dark.

Started on 1st May, 5AM 5K is not about speed or competition. It is about **mindset, consistency, and active living.**

The first and last kilometres are walked in silence, with Fridays dedicated to a full silent 5K.

> **The challenge is simple: show up**

Walkers can take on **21-day, 48-day and 100-day challenges,** celebrating each milestone along the way. A dedicated Strava group helps participants track their walks, encourage one another and stay connected.

And you don't have to walk with the group to be part of it. **People can join remotely, walk wherever they are and still take part in the challenges and community.**







In August, 5AM 5K celebrated **100 consecutive days,** joined by the Mayor of Aylesbury and a local councillor, with Waitrose supporting the milestone celebration.



CHAI & CHAT

And it hasn't stopped with walking. **Chai & Chat** is bringing people together socially, while the next **Act of Kindness** initiative will take connection into local care homes through companionship and conversation.



JOIN US

@udanoo.official **@UDANOO**

Join the 5AM 5K community, scan the **QR code** or **WhatsApp 0777 8894 883**

Everyone is welcome, including those with different mobility needs or who use a wheelchair. We'll do our best to support you.

UDANOO - Want to partner, support or collaborate with us? Get in touch.

SHARE YOUR PASSION

WITH OUR COMMUNITY



Do you have a hobby, talent or interesting story you would like to share? We're looking for residents to contribute to **'Our Berryfields'** quarterly magazine!

Whether it's a fascinating travel story; an editorial about your favourite hobby; a personal journey or inspiring experience; promoting the successes of Berryfields and your fellow residents; or a creative piece (poem, artwork, or short fiction) - we want to hear from **YOU!**

Submission Details:

- Attach **high-quality photos** if relevant.
- Deadline for submissions: **28th September 2026** for the Autumn issue.
- Email submissions to: **ourberryfields@berryfields-pc.gov.uk**

Let's make our community magazine a reflection of our diverse and vibrant neighbours!

Contact the office **01296 925750** for further information. We can't wait to read your stories!

OVER 55S

FRIDAY 4TH DECEMBER 2-4PM

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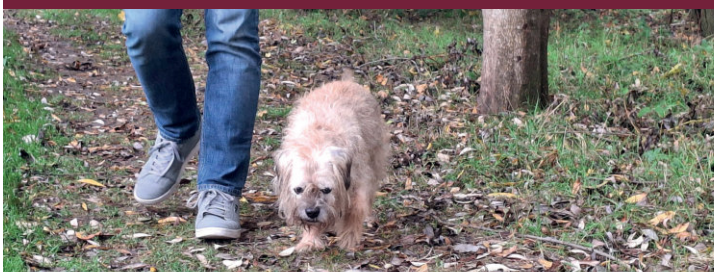
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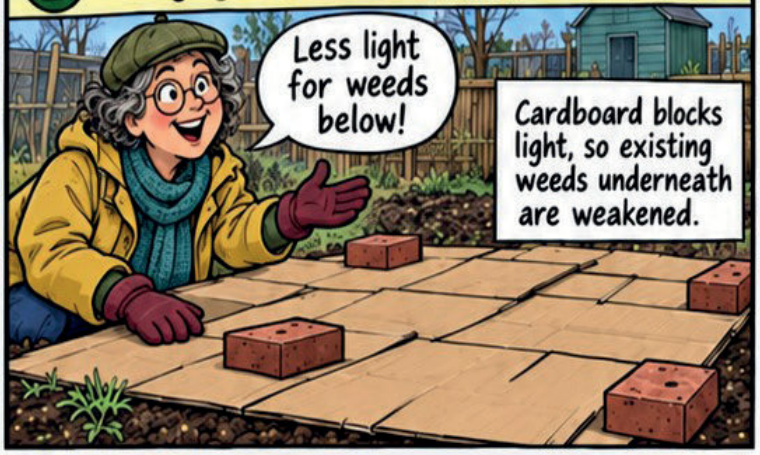
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ALLOTMENT TIP: CARDBOARD CAN HELP

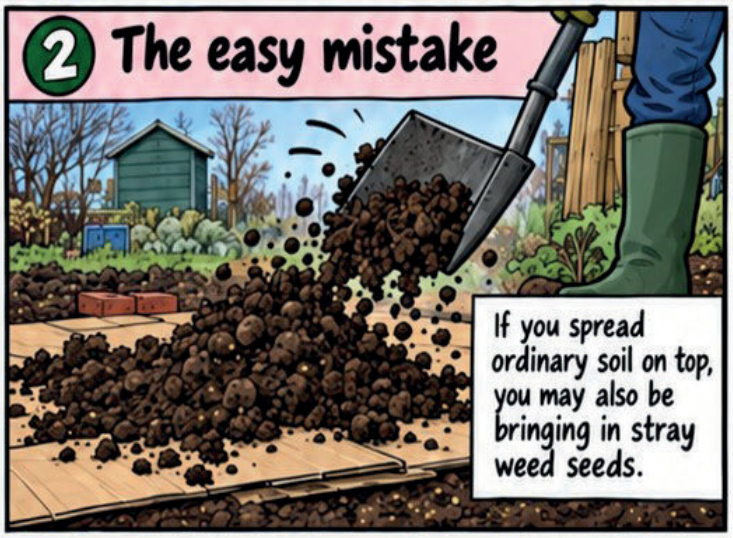
A simple way to smother weeds over winter — if you use it wisely.



1 Why gardeners use cardboard



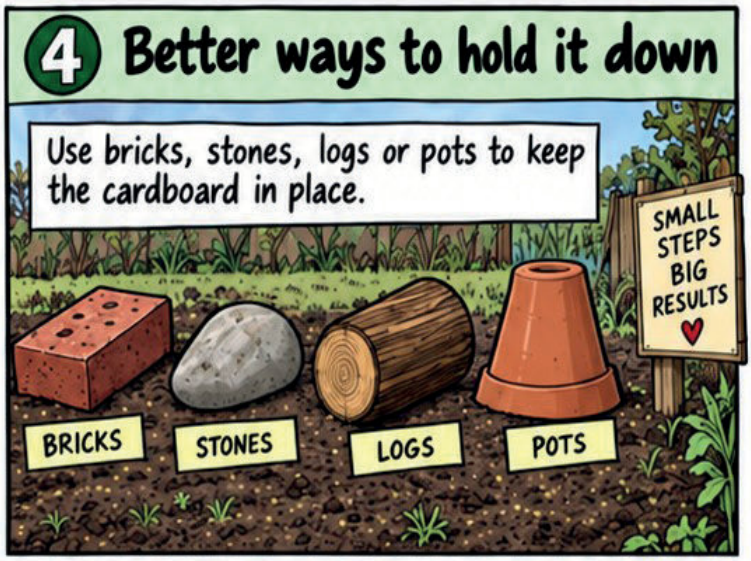
2 The easy mistake



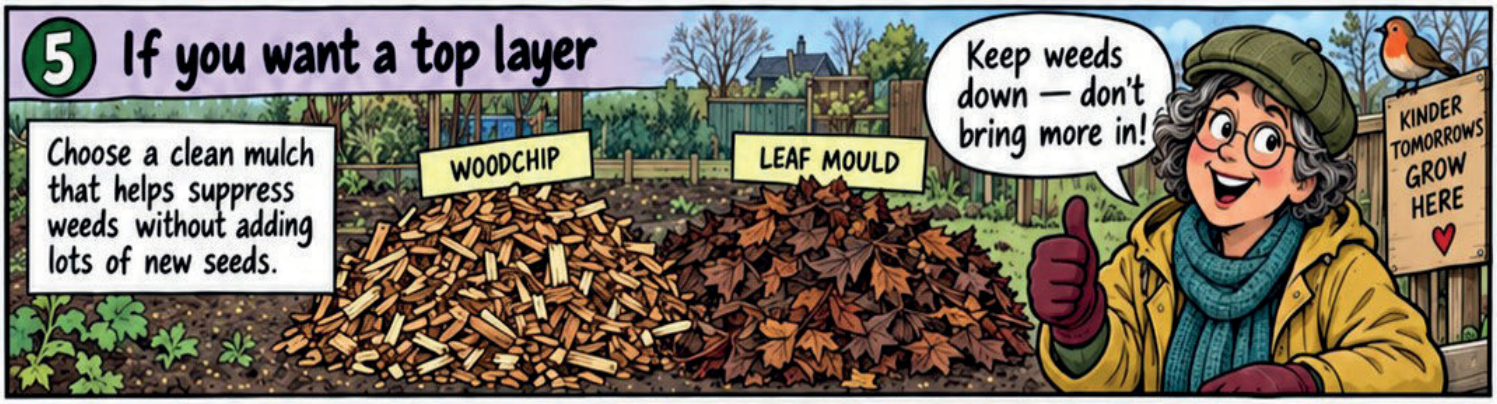
3 What can happen next



4 Better ways to hold it down



5 If you want a top layer



Best results: plain brown cardboard, no tape or glossy labels, topped with a clean mulch if needed.

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The Aylesbury Vale Academy

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Aylesbury Vale Academy Staff Contributions

A Message from Our New Headteachers

E Jefford, Secondary Headteacher

It is a privilege to begin this academic year as Secondary Headteacher at Aylesbury Vale Academy. AVA has been a significant part of my life for many years. I attended the school as a student, have worked here for the last seven years, and now have the honour of leading the secondary phase of a school that helped shape me.

As someone who grew up in the local community and has chosen to raise my own family here, I care deeply about the success of our young people and the role our academy plays within Berryfields and the wider Aylesbury area.

The year has started incredibly positively. Our students have returned with enthusiasm and have demonstrated the Respect, Aspiration and Resilience that sit at the heart of our academy. We remain committed to ensuring every student feels a sense of belonging, achieves their potential and is well prepared for future success. I look forward to working alongside our families and local community throughout the year ahead.

R Cooper, Headteacher, AVA Primary School

I am so proud beginning a new chapter as Headteacher of AVA Primary School. Education has been my only career and I am passionate about both the personal development of children as well as their achievement, which comes through the teaching of new knowledge and skills. Adults have worked hard, not just during our training days, but also over the summer, to ensure a very strong, positive start to the year and it was wonderful to address the majority of students this morning and see lots of smiles. I spoke about this school being a place they can feel they really belong, even if they felt a bit nervous or down about the end of the holidays and the return to school. I've also spent time in Reception classes and Pre-School and have been really impressed with the way things have started.

AVA Primary has a fantastic tradition of fostering and nurturing young people but it is also a school that can boast great academic achievement: all performance data that is assessed externally was above National averages in 2026. I am excited about the teamwork that awaits us: adults working together, adults working with children and children working with other children. It is this teamwork that will ensure both the thriving academic success and the sense of belonging continue here throughout the year ahead.

Sixth Form and Personal Development

P Marina, Assistant Principal – Head of sixth Form

Our Sixth Form continues to go from strength to strength. This year we welcomed a strong new Year 12 cohort, who have already settled in well and thrown themselves into life at AVA, and our numbers reflect a real vote of confidence from students and families in what we offer post-16.

We are proud of the results our students continue to achieve, and we are not standing still: we are actively looking at how we can grow our Sixth Form further, widening the range of courses on offer and continuing to raise the profile and ambition of post-16 education at AVA.

Alongside this growth, we are also developing our existing Personal Development offer, making sure every student, whatever their pathway, leaves us with the character, confidence and experiences they need for their next steps.

Year 7 Transition

O. Roberts – Achievement Director year 7

Our new Year 7 students have made an excellent start to life at AVA and have settled into the hustle and bustle of secondary school remarkably well.

The transition journey began back in July, when students attended two transition days designed to give them a taste of everyday life at AVA. They experienced a range of lessons, met new teachers and classmates, and began familiarising themselves with the school. Throughout the two days, students earned achievement points for demonstrating our values, with Attenborough House proudly winning the Transition Cup for collecting the most points.

The summer holidays also saw the return of our highly successful Summer School. 160 students attended a full week of activities, combining academic lessons with plenty of opportunities for fun and friendship. Highlights included a talent show, Sports Day, and an exciting trip to Gulliver's Land where Miss Roberts was dragged onto Dragon Siege 6 times in a row. She said she still feels a little dizzy even now!





All of these early experiences helped prepare students for the move to secondary school, but September is still a significant milestone and can feel daunting for many students. Despite this, we have been incredibly impressed by the respect, resilience and positivity our Year 7 students have shown since joining AVA. They have embraced new challenges, settled quickly into school life, and demonstrated the values that make our community so special. We are extremely proud of the way they have begun their AVA journey and look forward to seeing everything they achieve over the coming year.



We Need Local Businesses Support

R. Leach – Vice Principal - Careers Lead

We are looking for local businesses of all sizes and sectors to get involved and help inspire, inform and prepare the next generation for the world of work.

Whether you are a sole trader, a small independent business, a growing company or a large employer, we would love to hear from you. You do not need to have a huge team, a large budget or lots of spare time to make a difference. Even a small amount of support can have a lasting impact on a young person's future.

Strong links between schools and local employers are invaluable. They help students understand the opportunities available right here in their local area and give them a clearer picture of the skills, attitudes and qualifications employers are looking for.

There are many ways your business could support our careers provision. You might be able to offer work experience placements, welcome students for a workplace visit, give a talk about your career or industry, take part in a careers event, provide mock interviews, share your own journey into employment or offer advice about the skills needed in your sector.

Your involvement can also help us strengthen our connections with local employers and ensure our careers programme reflects the real opportunities available to our students. These partnerships support the Gatsby Benchmarks, the nationally recognised framework for high-quality careers guidance, particularly by helping us create meaningful encounters with employers and employees and giving young people valuable experiences of workplaces.

For students, meeting people from the world of work can be genuinely eye-opening. A conversation with a local business owner, an opportunity to visit a workplace or a few days of work experience can help a young person discover a career they had never previously considered. It can build confidence, raise aspirations and help them make more informed decisions about their next steps.

Businesses benefit too. By working with the school, you can raise awareness of your industry, showcase the wide range of careers available within it and help develop the future workforce. You may even inspire the apprentices, employees, entrepreneurs and business leaders of tomorrow.

We are particularly keen to hear from businesses that feel they are too small to get involved. There is no such thing as an insignificant contribution. A one-off visit, a short talk, an hour spent helping with interviews or the chance to show students what happens behind the scenes in your business could make a real difference.

Our aim is to build a strong network of local employers and organisations who can help us give every student meaningful insight into the world beyond school. By working together, we can strengthen local links, broaden students' horizons and help ensure that young people are better prepared for their futures.

Whatever your business does, however big or small you are, we want to hear from you. If you think you could offer your time, experience, knowledge or opportunities to support our students, please get in touch. Together, we can help connect education with employment and give our young people the confidence, inspiration and experience they need to take their next steps.

Your business could help shape a young person's future.

CAREERS AT AVA

Get in touch today via **careers@theacademy.me.**

DID YOU KNOW?

The Room on Berryfields proudly sponsors the Roman Park Food Bank, helping to support local residents when they need it most.

Berryfields
Parish Council

Berryfields Parish Council CHRISTMAS EVENTS



Santa's Sleigh

DATES TO BE ANNOUNCED



Santa's Grotto and Christmas Market

SUNDAY 13TH DECEMBER





Kids Christmas Party

MONDAY 21ST DECEMBER



More details coming soon

I'D LIKE A BIKE

PEDAL IT FORWARD

DONATE • RESTORE • TRANSFORM LIVES

Giving unloved bikes a second chance and helping our community move forward.

1 YOU DONATE → 2 WE RESTORE → 3 WE DONATE → 4 LIVES IMPROVED

Got an unwanted, unused or unloved bike? Donate it to **I'd Like a Bike.**

Our team of skilled bike technicians lovingly restore each bike.

Restored bikes are checked, safety tested and ready to change lives.

Bikes go to people who need them most, creating freedom, opportunity and independence.



YOUR DONATION. OUR PASSION. BETTER LIVES.

YOUR DONATED BIKE GOES FURTHER

Through our bike donation projects, we make sure every bike finds the right home.

SECOND HAND CYCLES

Quality refurbished bikes at affordable prices. Great for the planet and your pocket!



BIKES FOR BETTER LIVES

We donate bikes to individuals and families who need them most, helping remove barriers and opening up new opportunities.



THE BIKE SWAP SHOP

Swap your bike for a different size or style. Sustainable, affordable and community focused.



GOOD FOR PEOPLE | GOOD FOR THE PLANET | GOOD FOR OUR COMMUNITY

LET'S PEDAL IT FORWARD TOGETHER!

Call Ashley on 07977 401548 for more information

idliketoborrow.com | idlike to borrow

Thank you for helping us keep wheels turning!

Vicars Corner
Light Up Our Streets



As I write this in September, Halloween – and certainly Christmas – might feel a long way away! But one of the things I love about being part of Church on Berryfields is that we get to play a small part in bringing our community together at these special times of year.

When we think of Halloween, some of you might be planning to dress up, go trick-or-treating or head to a party. But have you ever wondered where the word Halloween actually comes from? The story goes back around 2,000 years to an ancient Celtic festival called Samhain – pronounced sow-in. It marked the change from the growing and harvest season into winter. As Christianity became more established in Europe, Christian celebrations became connected with some of these traditions.

1st November is All Saints' Day, also known as All Souls/All Hallows. So what does the word "Hallow" mean? It means holy, special and set apart for God. So the evening before All Hallows became known as All Hallows' Evening – shortened over time to you guessed it: Halloween – Holy Eve!

All Saints' Day is a time when Christians remember people who have died. Churches might hold special services, light candles, sing and pray, remembering the people they have loved and God's goodness and light in their lives. So now you're wondering – how did we get from remembering God's light to witches, ghosts and pumpkins?

People used to carve faces into turnips and other vegetables and put candles inside them. The scary faces were connected with the idea of frightening away any evil and darkness, the light representing light shining in the darkness. When the early settlers travelled to America, pumpkins became the vegetable of choice – and eventually the pumpkin came back across to the UK!

Darkness can remind us of difficult things – fear, sadness, loneliness or things that are wrong in our world. But the Christian message is that darkness and evil don't have the final word. That idea of light shining in darkness is really important to Christians. The Bible says in John 1:5 "The light shines in the darkness, and the darkness has not overcome it.". This verse is often read at Christmas because John is writing about Jesus being that light coming into our world.

The Bible encourages Christians to bring Jesus' light into dark situations wherever they can. That doesn't mean pretending that difficult things don't happen but it does mean Hope instead of despair, Love instead of hatred and Peace instead of conflict. And that's what we'd love to do together as a community this Halloween. We'll be outside **AVA Primary School from 5–7pm**, with games, hot chocolate, treats and the chance to make your own lantern. Because sometimes, the smallest light can make a very big difference in the darkness.

And the light doesn't stop at Halloween! We'd also love you to join us at one of our Berryfields Community Christmas events this December. So, save the dates – be great to see you there and celebrate together again as a community:

Berryfields Community Carols - Berryfields Green Sunday 6th Dec 3-5pm
Carols Round the Crib - AVA Primary Hall Sunday 20th Dec 4-6pm

Revd. Gareth Lane
Berryfields Community Vicar & Parish Councillor
www.churchonberryfields.org/christmas

Scan here for info on Christmas events

DID YOU KNOW?

Sir Henry Lee Crescent at Roman Park is now monitored by parking wardens. Please make sure you park appropriately, as vehicles may now receive a fine.



ADVERTISE IN OUR BERRYFIELDS!

1/4 PAGE	1/2 PAGE	FULL PAGE
£50 +VAT	£100 +VAT	£200 +VAT

READ BY OVER 3000 HOMES!

50% DISCOUNT FOR BERRYFIELDS RESIDENTS

If you are running a business and would like to advertise with us, please contact:

ourberryfields@berryfields-pc.gov.uk

More Horizons

Holistic way for a better you

In Partnership with

THE CLARE FOUNDATION

SUPPORTING CHARITIES & MAKING BUCKS HAPPY

Breast Screening Awareness Sessions

Breast cancer is the UK's biggest cancer killer, however, early diagnosis can save lives!

More Horizons is offering free breast screening awareness sessions to help you understand the importance of breast screening and learn how to carry out regular self-checks.

Knowledge today can save lives tomorrow.

Learn about:

- Free NHS breast screening service
- How to self-check your breast
- Notice changes early



Come on Women, let's look after ourselves!

Invite us to your community group, workplace or organisation

FREE GOODY BAG FOR ALL ATTENDEES

More Horizons

info@morehorizons.org.uk

07587 459073

www.morehorizons.org.uk

More Horizons registered charity in England and Wales (no. 1196956)

ROMAN PARK FOOD BANK

Berryfields Parish Council

CHRISTMAS HAMPER APPEAL

CAN YOU HELP?

Each Christmas, Roman Park Food Bank provides hampers for families in need in our local community.

Last year, 42 Christmas hampers were given to local families.

Our food bank runs all year round and relies on the kindness of local businesses, groups and residents.

Suggested food donations:

- Pasta, rice and cupboard staples
- Tea, coffee and long-life milk
- Biscuits, cereal and snacks
- Chocolates and sweets
- Christmas pudding and mince pies
- Cranberry sauce, stuffing and gravy
- Festive treats and other Christmas extras



Cash donations and sponsorship are especially helpful, as they allow us to buy specific items for families.

CASH DONATIONS, BUSINESS SPONSORSHIP AND FOOD DONATIONS ALL WELCOME

Support from local businesses and residents helps us provide Christmas hampers for families in need.

To donate or find out more, please contact:

clerk@berryfields-pc.gov.uk

01296 925750

Thank you for supporting our community

Winter Edition

Pull Apart Garlic Bread

Warm Bakes Happier Days



Soft, buttery, garlicky and irresistibly good! These pull apart garlic bread rolls are golden on the outside, soft and fluffy inside, and packed with rich garlic butter and herbs. Perfect for sharing, especially on cosy winter evenings!

SERVES	PREP TIME	COOK TIME	DIFFICULTY
8–10	20 mins	20 mins	Easy

Ingredients

For the dough

500 g	strong white bread flour (plus extra for dusting)
7 g	fast-action yeast
1 tsp	salt
1 tbsp	sugar
300 ml	warm milk
50 g	unsalted butter (melted)

For the garlic butter

100 g	unsalted butter (softened)
4 cloves	garlic (minced)
2 tbsp	fresh parsley (chopped)
1 tsp	dried oregano (or mixed herbs)
½ tsp	chilli flakes (optional)
50 g	grated Parmesan (or mozzarella)

Recipe by Pooja Chotai
incredible_edibles_uk

Method

1. **Make the dough**
   In a large bowl, combine flour, yeast, salt and sugar. Add **warm milk** and melted butter. Mix until a dough forms, then knead for 8–10 minutes until smooth and elastic. Cover and leave to rise for 1–1½ hours, or until doubled in size.
2. **Prepare the garlic butter**
   Mix softened butter, minced garlic, parsley, oregano, chilli flakes and Parmesan in a bowl.
3. **Roll and fill**
   Punch down the dough and roll it out into a large rectangle (about 35 × 25 cm). Spread with garlic butter, then roll up from the long side. Slice into 12–16 even pieces.
4. **Shape and rest**
   Place the rolls cut-side up in a lined baking tray. Cover and let them rise for another 30–45 minutes.
5. **Bake**
   Preheat oven to 190°C (170°C fan). Bake for 18–22 minutes, or until golden brown and cooked through.
6. **Serve**
   Let cool for a few minutes, then pull apart and enjoy! Perfect with soups, stews or as a cosy winter treat!

Kitchen Corner

WINTER EDITION

ROAST GARLIC AHEAD
Roast a whole bulb of garlic and keep it in the fridge. It adds a deeper, sweeter flavour to your butter.

ADD A CHEESE TWIST
Mix in mozzarella or cheddar for an extra indulgent, gooey centre – perfect for winter!

USE SEASONAL HERBS
Try rosemary, thyme or sage for a warm, earthy flavour that's perfect for the colder months.

MAKE AHEAD & FREEZE
Assemble the rolls, freeze before baking, and bake straight from frozen (adding a few extra minutes).

PERFECT PAIRING
Serve with a hot bowl of soup, chilli or stew for the ultimate cosy winter meal.

Good Food Warms the Soul

DID YOU KNOW?

Roman Park Hall has a new tenant in the kiosk – Quercus Alternative Provision. Find out more about what they do in this magazine.

Lest We Forget

Remembrance Reflection



Roman Park

11th November

Led by Reverend Gareth Lane

From 10:50am

Culminating in a 3 minute silence at 11:00am



Please join us as we pause to remember.

BUCKINGHAMSHIRE RAILWAY CENTRE
PROUDLY PRESENTS

PANTO EXPRESS



WATCH OUR MINI PANTOMIME CINDERELLA, MEET FATHER CHRISTMAS ON A STEAM TRAIN AND MUCH MORE!

WWW.BUCKSRAILCENTRE.ORG

Christmas Party night

FRIDAY | 11th | DECEMBER

7.30pm until midnight

FOOD, DRINK, DJ, and live entertainment



Featuring

Cinderella & Bad Santa!

Prebooking essential

www.bucksrailcentre.org

YOUR NEIGHBOURHOOD POLICING TEAM

Aylesbury North

BUCKINGHAM PARK / ELMHURST / WATERMEAD / BERRYFIELDS



Inspector
Rebecca Neupert



Sergeant
Mike Cowdrey



Police Constable
Ashley Collins



Police Constable
Angus Hay



PCSO
Dan Leonard



PCSO
Henry Edwards

The neighbourhood policing team work with our local communities to make Aylesbury Vale safer

To contact the Aylesbury North Team call
101 or email them on
AylesburyNorthNHPT2@thamesvalley.police.uk

You can also report an incident on our website:
www.thamesvalley.police.uk

In an emergency always call 999
Visit us on Facebook at www.facebook.com/TVPAylesburyVale

THAMES VALLEY POLICE
Protecting Our Communities

EPQ



As the academic year has just begun, I'm sure some of you are considering whether to take an EPQ alongside your A-levels. Here's a quick overview to give you some advice.

What is an EPQ?

An Extended Project Qualification (EPQ) is an independent research project culminating in a 5,000 word essay and a presentation.

Should you do an EPQ?

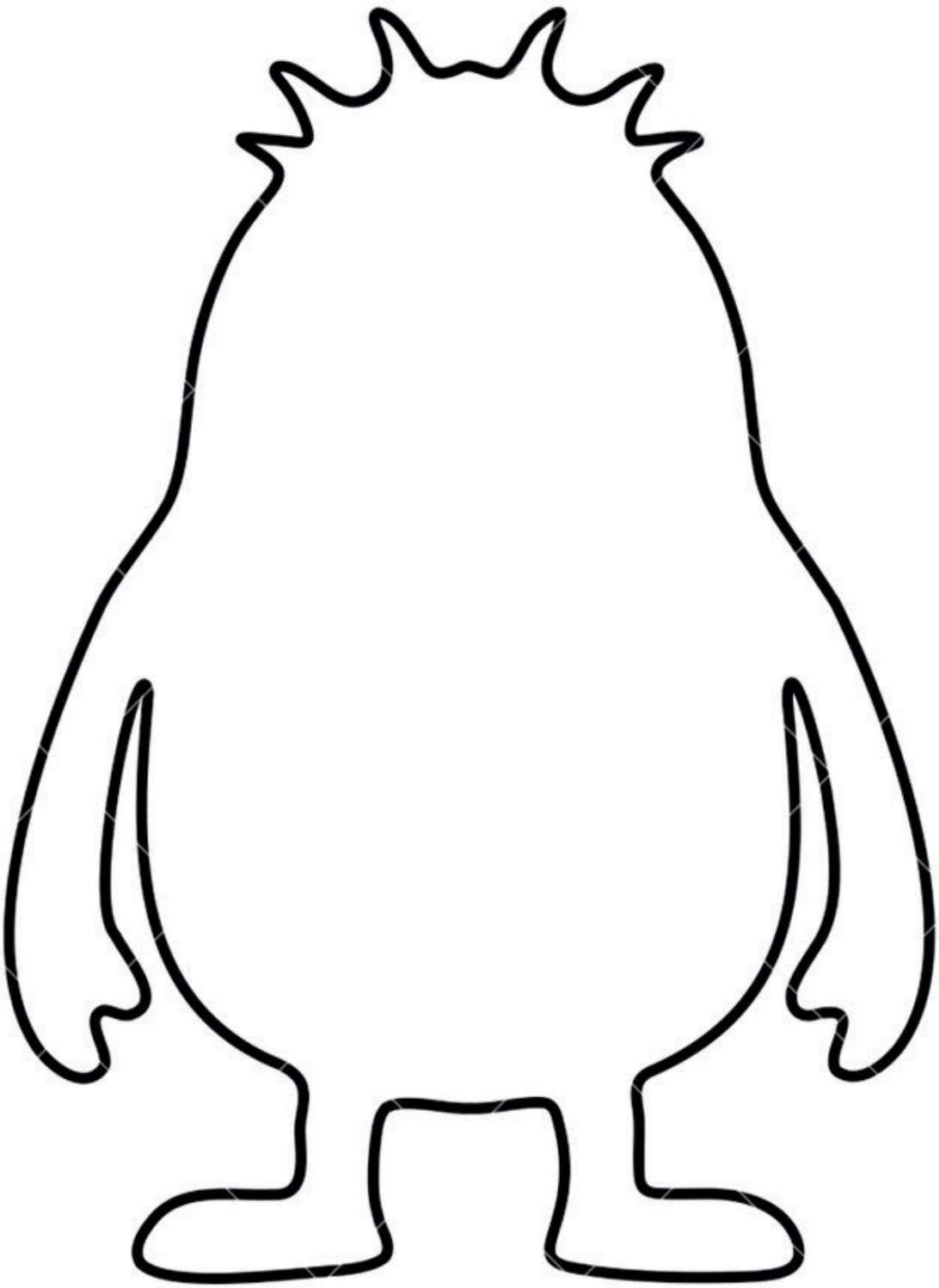
- Develop in-depth knowledge of a topic that genuinely interests you
- Potentially receive a reduced university offer if you achieve a specified EPQ grade
- Create an additional topic to discuss in your personal statement and university interviews
- Can be quite time-consuming as it is equivalent to half an A-Level

Top Tips

- Marks don't come only from the final essay but a significant proportion is awarded for how well you plan, organise and reflect on the project
- Show both short-term and long-term planning via to-do lists, monthly planner and Gantt charts
- Keep a detailed record of tasks, problems you encountered and skills you developed
- Keep a clear record of your sources from the beginning. Note all the information needed for your bibliography and evaluate each source for reliability, relevance, bias and limitations
- Practise your presentation to friends/family and answering their questions to identify any gaps in your knowledge
- Leave sufficient time for proofreading grammar, spelling and page numbers

By Diyaa Ashok

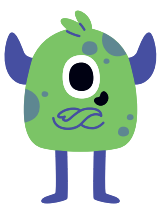
MAKE YOUR OWN MONSTER







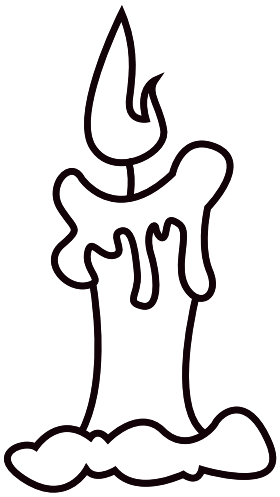


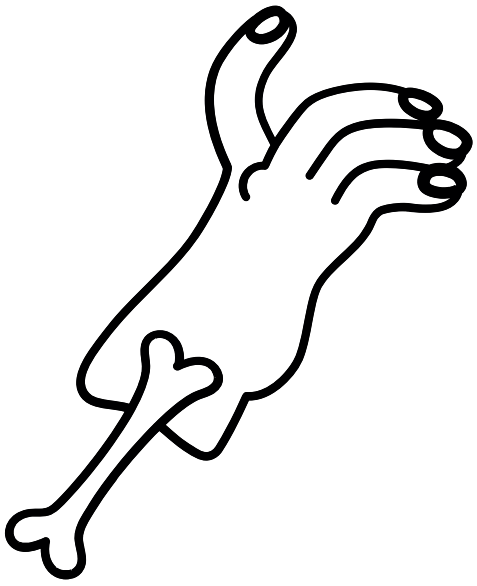


By Diyaa Ashok

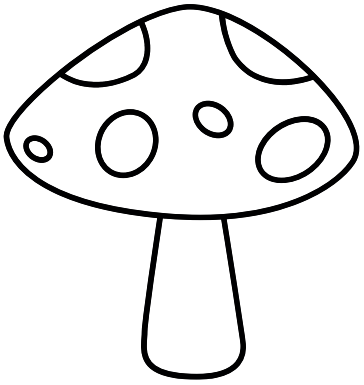
HAPPY HALLOWEEN

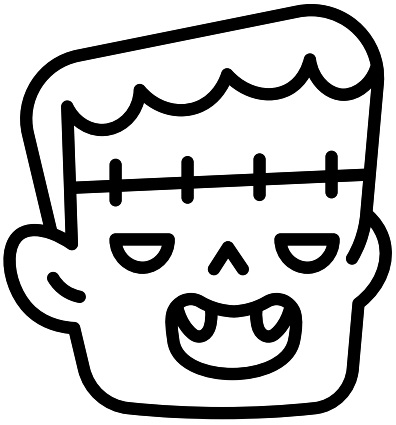


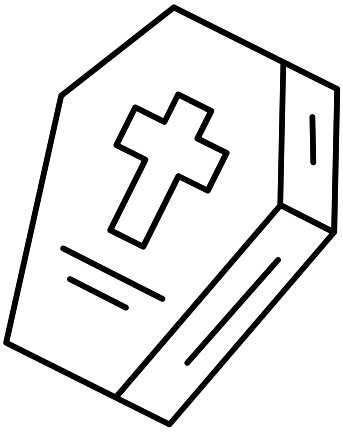


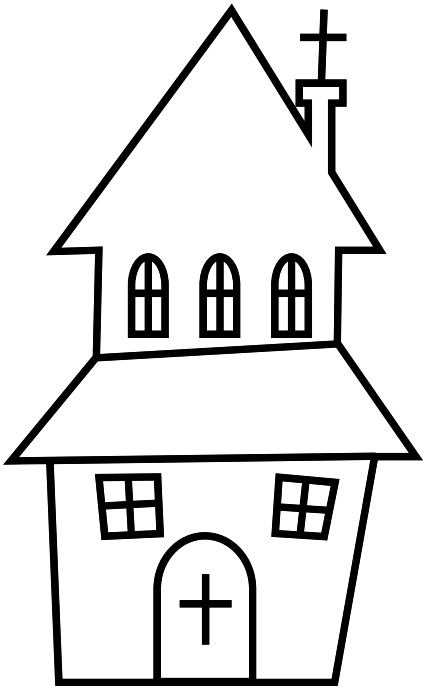
















By Diyaa Ashok

Self Catering

Licensed Bar

Christmas Parties

AT

ROMAN PARK HALL

Limited Availability

- A spacious and adaptable venue, hosting up to 180 guests
- The freedom to decorate the venue to your taste
- A fully stocked, licensed bar
- Self-catering welcome
- Ample free parking
- Friendly and accommodating staff on hand

Celebrate the festive season at Roman Park Hall. Our modern and spacious hall is a popular venue for Christmas parties and seasonal events. We offer a flexible and welcoming space that can be styled to suit your celebration, whether you are planning a work party, private gathering or community event.

For bookings and enquiries, please contact

booking@berryfields-pc.gov.uk | 01296 925755